

BREAKFAST PLATES

All egg breakfasts served with choice of hash browns, home fries or grits unless otherwise noted.

Sunrise Standard

Two eggs*, bacon or sausage links or patties and choice of toast. 8.25

The Mountain Man

One egg*, served with a biscuit, homemade sausage gravy, one pancake, and choice of bacon or sausage. 8.49

Sunrise Country Fried Steak and Gravy

Country fried steak, served with homemade sausage gravy, two eggs*, and choice of toast. 10.99

Country Scramble

Choice of bacon, sausage or diced ham and Cheddar cheese all scrambled in the eggs*, and choice of toast. 8.25

Holy Cow

Char grilled marinated flank steak*, two eggs*, and choice of toast 11.99

Grillman

Two eggs*, choice of hash browns or homefries, topped with Cheddar cheese, peppers and onions served with choice of toast. 8.49

Grandfather Special

One biscuit with homemade sausage gravy and two eggs*. 6.25

John Wayne

A flour tortilla topped with two eggs*, Cheddar cheese, sausage patties, hash browns or home fries, fresh salsa, and sour cream. 9.99

Bruce Wayne

A flour tortilla topped with two eggs*, Cheddar cheese, char grilled marinated flank steak*, hash browns or home fries, fresh salsa, and sour cream. 11.99

SUNRISE SPECIALITIES

Grizzly Adams Breakfast Burger

Char Grilled Burger, stacked with hash browns, bacon, choice of cheese, topped with an over easy egg*. 11.49

Crunch and Munch

Hash browns, sausage, egg*, onions, pepper jack cheese served in a grilled tortilla. 8.50

Arroz Con Huevos

Mexican rice, Chorizo, sautéed onions and peppers, scrambled eggs* and queso. 10.99

Breakfast BLT

Scrambled egg*, bacon, lettuce, tomato and mayo on choice of bread. 9.99

High Country Hash

Our delicious homemade hash, beef brisket, potatoes, red peppers, onions, diced jalapenos, served with two eggs*, choice of toast and a side of our homemade BBQ sauce or Brisket gravy (limited supply). 12.49

105 Special

Two eggs*, two strips of bacon, two sausage links, and either two pancakes or French Toast. 9.99
Half order 6.99

Breakfast Burrito/Chimichanga

Mexican rice and beans, sautéed onions, chorizo, hash browns, and scrambled eggs* served with queso. 9.99

Homemade Corned Beef Hash

(limited supply)
Served with two eggs*, and choice of toast. 10.49

Boone Breakfast Bowl

Choice of hash browns or home fries, Pepper Jack cheese, mushrooms, onions and Chorizo all scrambled into the eggs*. 8.99
Soysage as a vegetarian option.

Biscuits & Gravy

Fresh baked biscuits smothered in our famous homemade sausage gravy.
Full order: two biscuits 6.99
Half order: one biscuit 4.99

OMELETTES

All omelettes are served with hash browns, home fries, or grits, and your choice of toast or in a wrap.
Make any omelette egg* white for an additional 1.50

The Sunrise

Tomatoes, spinach, red and yellow peppers, and Swiss cheese. 10.25

Irish Over Easy

Perfectly cooked Sunrise Corned Beef Hash, topped with two over easy eggs, wrapped in an omellete, served with slice of toast 10.99

The Spanish

Chorizo, fresh cilantro, tomatoes, onions, and Pepper Jack cheese. 10.25

The Big Cheese

Choice of Cheddar, Swiss, Pepper Jack, American or Provolone. 7.99

The Tuscan

Roasted red peppers, mushrooms, fresh basil, and Provolone cheese. 9.99

The Classic

Choice of ham, bacon, or sausage, and Cheddar cheese. 9.25

The Blue Ridge

Mushrooms, peppers, onions, and Swiss cheese. 9.49

The Western

Ham, peppers, onions, and Cheddar cheese. 9.49

The Pitmaster

Pulled pork, homemade BBQ sauce, and Provolone cheese. 10.49

BEVERAGES



Soft Drinks.....2.50
Coffee.....2.50
Hot Tea.....2.50
Iced Tea.....2.50
Soda Water.....2.05

SINGLE SERVE

Milk.....2.25
Chocolate Milk.....2.50
Hot Chocolate.....2.50

FRUIT JUICE

Orange, Apple, Cranberry,
Grapefruit & V8.....3.05



Kids Menu

Kids "Mickey Mouse" Pancake..... 3.99
One Egg* & Toast..... 4.50
With home fries or hash browns.
Kids Biscuit & Sausage Gravy..... 4.99

We have a \$2 split plate charge for all meals.

Please let us know prior to ordering your food if you have any kind of food allergy. Your health safety is our priority.

* Items are cooked to order. Consuming Raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

EGGS BENEDICT

Santa Fe Benedict

Chorizo patties on an English muffin, two poached eggs topped with our house made Queso and salsa 10.99

Southern Benedict

Two poached eggs*, with sausage patties served on a biscuit with our homemade sausage gravy. 8.99

Traditional Benedict

Two poached eggs*, with Canadian bacon served on an English muffin with Hollandaise and choice of hash browns or home fries. 9.75

Irish Benedict

Two poached eggs*, with Corned Beef Hash served on an English muffin with Hollandaise. 11.49

Eggs Florentine

Two poached eggs*, with spinach and tomato served on an English muffin with Hollandaise and choice of hash browns or home fries. 9.75

Smoked Salmon Benedict

Two poached eggs*, with smoked Atlantic salmon served on an English muffin with Hollandaise and choice of hash browns or home fries. 11.99

Lonestar Benedict

Two poached eggs*, our High Country brisket hash served on choice of an English muffin with Hollandaise or on a biscuit with our homemade sausage gravy. 11.99

Ultimate Benedict

Two poached eggs*, with our High Country brisket hash served on an English muffin with our homemade brisket mushroom gravy (Available while gravy supply lasts). 11.99

FROM THE GRIDDLE

Pancakes

Delicious and homemade!

Classic Pancakes

3.25 Each

Blueberry Pancakes

3.75 Each

Chocolate Chip Pancakes

3.75 Each

Gluten-Free Banana Pancakes

5.00

Waffles

Belgian Waffles

One waffle with choice of fresh blueberries, strawberries or chocolate chips. 8.49

Belgian Waffle Sandwich

Whole waffle with cream cheese served with fresh blueberries or strawberries and raspberry coulis. 9.99

French Toast

Served with powdered sugar and cinnamon.

Traditional

Two Wedges: 3.99 | Four Wedges: 5.99

The Grayson

Raspberry and Cream Cheese stuffed French toast. 7.25

Cranberry Walnut

Cranberry Walnut bread with Raspberry Coulis. 7.25

Nutella Banana

French Toast stuffed with Nutella and Banana. 7.25

SIDES & MORE!

Strawberry Yogurt Cup 4.50

with fresh strawberries and granola

Bowl of Oatmeal 3.99

Served with brown sugar and raisins

Fresh Fruit Salad.....Cup 4.50 / Bowl 6.50

Seasonal availability

Grits 1.75

Cheesy Grits 2.50

Hollandaise 2.25

Sausage Gravy 1.99

Toast 1.99

Gluten Free Toast (1) 2.50

Biscuit 1.99

English Muffin or Roll 1.99

Bagel (plain or everything) 2.25

Salsa 1.50

Sour Cream 1.25

Chili & Queso Hash Browns 4.49

Hash Browns or Home Fries 2.25

Egg* 1.25

Egg White* 1.50

Bacon 3.49

Sausage Links (3) or Patties (2) 3.49

Soysage Patties (2) 2.75

Livermush 2.50

Homemade Corned Beef Hash  7.25

Side of High Country Hash  8.25

Side of Smoked Salmon 8.25

Sliced Cheese:..... 1.00

American, Swiss, Provolone, Cheddar, Pepper Jack

Cream Cheese99

ADDITIONS

Small portion added to any menu item.

VEGGIES: Mushrooms, peppers, onions, tomatoes75 per item; spinach 1.25

MEAT: Bacon, sausage, ham or Soysage 1.50 per item

Add Chili & Queso to Hash Browns or Home Fries that come with a meal... 2.99

Add a Classic personal pancake to any meal 1.75

add blueberries or chocolate chips50

BREAKFAST SANDWICHES

Breakfast sandwiches are served on your choice of toast, biscuit, English muffin, roll, or on a bagel for .50c extra.

Chef's Bagel Special

Smoked Atlantic salmon, cream cheese, red onion, tomato, and capers on a toasted everything or plain bagel. 12.25

The McBoone

Two fried eggs*, American cheese, and choice of either sausage patty, two sausage links or two bacon strips, served with hash browns, home fries or grits. 7.99

The Broagie

Choice of sausage or bacon in scrambled eggs*, peppers, onions, and choice of cheese in a warm hoagie roll served with hash browns, home fries or grits. 9.25

Build Your Own Sandwich

One fried egg*, choice of sausage patty, sausage links or bacon, and American cheese. 5.99 *Other meat options available with an upcharge.*

QUICHES

All quiches served with hash browns, home fries, grits or lighter side.

The Appalachian Quiche

Spinach, mushrooms, tomatoes, onions, and Swiss cheese served with hash browns, home fries, or grits. 7.25

The Mountaineer Quiche

Bacon, ham, sausage, and Cheddar cheese served with hash browns, home fries, or grits. 7.25

 Sunrise Original

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